

deegyada loogu talagalay Dadka Magangalyo Doonayaasha ah & Qaxootiyada ee degan aaga Bristol

bishii 9 aad 2025

Macluumaad la turjumay <https://bristol.cityofsanctuary.org/what-we-do/bristol-organisations>

Wac Migrant Help 0808 8010 503 24 saac maalintii 7 maalmood toddobaadkii



Xuquuqaha Qaxootiga Bristol www.bristolrefugeerights.org info@bristolrefugeerights.org
Wellspring Settlement, 43 Ducie Road, Bristol BS5 0AX

Isniinta iyo Talaadada laga bilaabo 10am subaxnimo ilaa 1pm duhurnimo **khadka caawinta/ What's App 07526 352353**. Si aad u hesho taageero ama su'aalo u weydiiso ama wax badan u baran lahayd ku saabsan waxa aan sameyn karno si aan u caawino.

Arbacooyinka laga bilaabo **10-12.30 Advice Drop-in** - xarunta Uma furna dadka degan huteelada Bristol IA. Waxaan ku siin karnaa talo iyo macluumaad ku saabsan nidaamka magangalyada iyo socdaalka iyo sida loo helo taageerada magangalyada (lacag iyo hoyga Home Office)

Khamiisyada laga bilaabo **10-1 Welcome Centre** **soo gelid social space**, cunto kulul, farshaxan, ciyaaro, timo jaris, soo gudbinada iyo calaamadaha tabeelaha.

Talaado, Arbaco, Khamiis – Booqashooyinka wacyigelinta ee huteelada IA ee Bristol, oo lagu taageerayo calaamadaynta, u doodista iyo macluumaadka. Waydii huteelada, meesha soo gelida, ama wac khadka caawinta si aad u ogaato maalinta ay booqan doonaan huteel kasta.

Pride Without Borders- goobta bulshada iyo shaqada gaarka ah ee LGBTQ+ magangalyo-doonka, weydii meesha la soo galo ama khadka caawinta si aad isu diwaangeliso.

Taageerada Red Cross Refugee <https://www.redcross.org.uk/get-help/get-help-as-a-refugee>

Telefoon 0117 941 5040 doorashada 1 refugeeservicebristol@redcross.org.uk

Kuwa cusub ee Dhawaan La siiyey Xaaladd Qaxootinimo: Waxaan ka caawin karnaa inaad codsato faa'iidooyinka, guriyeynta, koontada banka, isdhexgelka deynta iyo iyo kaalmada safarka ee dadka haysta fiisaha isu-keenida qoyska.

Baafinta Qoyska Waxaa laga yaaba inaan awoodo inaan ka caawino inaad qoyskaaga ka raadiso wadankaaga hooyo ama meel walba oo ay ku jirto UK ama Yurup. Telefoon 0117 941 5040 doorashada 2 southwestenglandift@redcross.org.uk

Baahi iyo Rafaad: Haddii aadan laheyn wax dakhli ah iyo qaab kale oo aad wax ku helayso, iyada oo si wada jir ah loola shaqaynayo wada hawlgalayaasha kale ee Bristol waxaa laga yabaa inaan awoodno inaan ku siino caawin waqti muddo gaaban.



Refugee Women of Bristol <https://www.refugeewomenofbristol.org.uk/>

Taleefonka: 0117 9415867 info@refugeewomenofbristol.org.uk

Drop-in centre oo dumar kili qaabilo Tallaadooyinka laga bilaabo **10:00 – 2:30 galabnimo**, waqtiga tareemka oo kaliya, ee **Easton Family Centre Bristol BS5 0SQ**. Waxaan bixinaa fasalada ESOL, jimicsiyadda fayo-qabka, quraac iyo qado. Shaqaalaheena Bulshada waxay bixiyeen taageero wax ku ool ah iyo adeega u doodista luuqadaha bulshada (Af-Soomaali, Af-Carabi iyo Af-Shiinees).

Mend the Gap team waxay siisa 1-1 taageerada haweenka la kulma rabshadaha qoyska. Wac Isku duwaha Caafimaadka iyo Fayo-qaanka wixii soo gudbino ah **07735387820**. Haddii aad jacsaan laheyd in lagula soo xiriiro, fadlan wac ama iimayl.



Borderlands The Assisi Centre, Lawfords Gate, BS5 0RE www.borderlands.uk.com
Telefoon: 0117 904 0479 hello@borderlands.org.uk

Xarunta Soo-dhaweynta Isniin iyo Talaada kasta inta u dhaxaysa 10:00 subaxnimo iyo 2:00 galabnimo; bixinta shaah, qaxwo, ciyaari, Farshaxan, timo jaris iyo u gudbinta adeegyada kale iyo taageerada.

Cunto cusub Tallaado kasta inta u dhexeysa 10:45 -12:30 galabnimo iyo **cunto kulul (Qado Halal ah)** 1:00 - 2:00 galabnimo

Fasaladda Ingiriiska (Isniin, Tallaado iyo Arbaco) ee loogu talagalay bilaabayaasha Luuqada Ingiriiska iyo Af-barashada (Gelida-ka hor iyo Gelida 1).

The Mentoring Project wuxuu bixiya 1:1 taageerada iyo dareenka magangalyo doonyaasha iyo qaxootiyadda ilaa muddo 6-9 bilood.

Dareen Dhaqdhaqaaq Wanaagsan - (hadda Arbacada) – (markay tahay Arbacooyinka) hawlaha kaa caawinaya nasashada iyo hagaajinta caafimaadka. Kuwaas waxaa ka mid ah yogada, wax-tolida, waqtiyada hurdada iyo fasalada jirdhiska. Waxaan u wadnaa kulamo kala duduwan oo loogu talagalay dumarka iyo ragga.



Bristol Hospitality Network www.bhn.org.uk

BHN waxay siisaa adeegyo magangalyo doonka iyo kuwa loo diiday:

Xarunta Soo-dhaweynta Isniinta 10-2pm ee Easton Family Centre, BS5 OSQ; talo, taageero bulsho, quraac iyo qado kulul, ESOL, timo-jare, toolid, tabaruc, ciyaaraha.

Waxaan sidoo kale bixinaa lacag-bixinno martigelin iyo midnimo oo loogu talagalay **magan-gelyo-doonka saboolka ah ee loo diiday**, iyadoo ku xiran kiis gaar ah iyo haddii aan boos haysanno. Gudbinta laga aqbalo ururada shuraakada ah, ama iskiis u tixraac adigoo booqanaya Xarunta Soo dhawaynta Isniinta, ama iimayl u soo dir Hello@bhn.org.uk.



Aid Box Community www.aidboxcommunity.co.uk

Cinwaanka: Hoolka Parish ee St Bart, Wadada Sommerville, BS6 5BX Telefoon: 0117 336

Ku soo dhawoow Hub - Meel aad ku kulanto, ku nasato, oo cabto.

Waxaan ku soo dhaweyneynaa qaxootiga iyo dadka magangalyo doonka ah Dukaamaysi Bilaash ah iyo Xarun soo dhaweyn, halkan waxaad ka dooran kartaa dhar bilaash ah, alaabta musqulaha, alaabta jikada iyo shayyada kale ee muhiimka ah ee nolosha.

Furan Isniinta - Jimcaha 10.30 – 3.30 galabnimo limeylkaan- freeshop@aidboxcommunity.co.uk

Kooxo Hawlaha Ragga iyo Dumarka – Waxqabadyada iyo safarrada fasaxyada.

Waxaan qabanqaabinnaa jadwal toddobaadle ah oo ay ku jiraan:

kubadda cagta, dabaasha, kooxo bulsho, cayaaraha dumarka, wada sheekaysiga Ingiriisiga, iyo fasallada ESOL (barashada Ingiriisiga dadka aan u dhalan). kooxaha bulshada iyo ciyaaraha iyo safarada dadka iyo qoysaska xilliyada fasaxa - hawlaha: si aad u hesho macluumaad dheeraad ah la xiriir limeylkaan

sara@aidboxcommunity.co.uk

Kooxaha Hawlaha Toddobaadlaha - waxaa ka mid ah Kooxda Haweenka, Kubadda Cagta Ragga, Isboortiga Badan ee Haweenka, casharrada Ingiriisiga (ESOL), iyo safarada fasaxa ee shaqsiyaadka iyo qoysaska. Wixii macluumaad dheeraad ah, la xiriir limeylkaan sara@aidboxcommunity.co.uk

Barnaamijka Saaxiibtinimada – Xiriirinta Dadka

Waxaan isbarnaa dadka magangalyo doonka ah iyo qaxootiga si aan ugu xirmanno dadka deegaanka una sameyno saaxiibtinimo.

Ma rabtaa inaad hesho saaxiib cusub?

Fadlan la xiriir Naomi wixii macluumaad dheeraad ah: naomi@aidboxcommunity.co.uk

Project MAMA <https://projectmama.org>

Goobta: 39 Seymour Road, BS5 0UW. Waxaan ku suganahay "Muller Hall



Mother Companions Project: Project MAMA wuxuu aqbalaya soo gudbinaya bixinta daryeelka haweenka uurka leh ee loogu talagalay taageerada fool-ka-foolka ee uurka oo dhan, foosha, dhalmada iyo waalidnimada hore. Waxay bixiyaan meel ay

hooyooyinku ku cabbiri karaan rabitaankooda iyo welwelkooda, isla markaana lagu hubiyo in ay helaan macluumaadka ay u baahan yihiin si ay go'aanno xog ogaal ah u gaaraan, una fahmaan nidaamka daryeelka hooyonimada iyo xuquuqda caafimaad ee UK. Waxaan siina taageerada takhasuska fool-ka-foolka gaar ahaan kuwa aan laheyn lamaanayaal dhalmada. Soo gudbinada ayaa la sameeyn karaa iyada oo la soo marsiinayo websaydkeena.

MAMAHub project: Kooxahan bulsho waa meel ay hooyooyinku ku kulmaan, is taageeraan, ku raaxaystaan waxqabado, isla markaana helaan macluumaad faa'iido leh.

Ciyaar & Kora: Arbaco kasta (xilliga iskuulka) 10 subaxnimo – 12 duhurnimo, loogu talagalay hooyooyinka leh carruur da'doodu u dhaxayso 0 ilaa 5 sano.

- Uurley & Dhallaanka: Jimce kasta (xilliga iskuulka) 11 subaxnimo – 2 duhurnimo, loogu talagalay haweenka uurka leh iyo hooyooyinka leh dhallaanka ka yar 18 bilood.

Waxaan dib u bixinaynaa kharashaadka baska.



The Haven www.sirona-cic.org.uk/nhsservices/services/the-haven/

waa takhsuuska adeega caafimaadka ee loogu talagalay qaxootiyadda iyo magangalyo doonayaasha, ee degan gudaha **Montpelier Health Centre, BS6 5PT** Telefoonka: 0300 124 6875 the.haven@nhs.net

Waxaan qiimeynaa oo aan daboolna baahiyaha magangalyo doonayaasha iyo qaxootiyadda Bristol oo dhan, North Somerset iyo South Gloucestershire. Waxaan sidoo kale caawinayna dadka inay helan adeegyada caafimaadka iyo adeegyada kale ay u baahan yihiin. Waxaan sidoo kale caawinayna dadka inay helan adeegyada caafimaadka iyo adeegyada kale ay u baahan yihiin. Helida adeega waa soo gudbinta midkood telefoon ama iimayl iyo rugaha caafimaadka waxay furan yihiin Isniinta ilaa Jimcaha 8:30 subaxnimo ila 4 galabnimo



Buundooyinka loogu talagalay Bulshooyinka www.bridgesforcommunities.com

info@bridgesforcommunities.com Xarunta Qoyska Easton, BS5 0SQ

Bridges waxa ay wadaan barnaamijyo dhowr ah oo ka caawiya dadka raadinaya meel hoy ah si ay ula xiriiraan bulshooyinkooda. Kuwaas waxaa ka mid ah Befriend,, kaas oo waafaqsan magangelyo-doonka leh tabaruce maxali ah, Ila Soco, Toliinka Wadajirka ah, Taageerada Dib-u-dejinta, Waliimada Nabadda iyo dhacdooyinka iyo safarrada kale ee halka mar ah.



Ciida Qaxootiga Bristol www.bristolrefugeefestival.org

Info@bristolrefugeefestival.org Docklands Community Centre, St Pauls, Bristol BS2 8UA.

Waxaanu isku dubaridnaa barnaamij leh munaasabado iyo hawlo oo lala yeesho xarumaha bulshada iyo ururada si loogu xiro qaxootiga iyo magangalyo-doonka bulshooyinkooda maxalliga ah ee ku nool Bristol oo dhan.